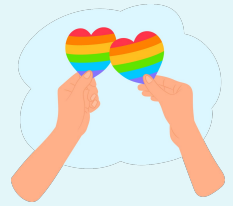




# Parents and Caregivers of LGBTQIA+ Children of All Ages Group



Facilitated by: Gender and Sexual Orientation Specialist Sarah Harry, (she/her), MA, LPCC

Weekly in-person meetings will be offered on a Thursday series from 5:30 pm – 7:30 pm, and a Saturday series from 10:00 am – 12:00 pm. The group series are capped at 6 members.

## 6 Week Schedule:

### WEEK 1:

Agreements, Guidelines, What to Expect, Hopes & Goals.

### WEEK 2:

All About Gender and All About Sexuality, Learning and Understanding.

### WEEK 3:

Statistics About LGBTQIA+ Youth and Adults. Why Does This Matter?

### WEEK 4:

Relationship with Your Child: Grief, Loss, and Healing. Processing Emotion.

### WEEK 5:

Acceptance, Allyship, Advocating, and Affirming. How and Why?

### WEEK 6:

Resiliency. Review Hopes and Goals. Review Resources. Close the Group.

## Package highlights:

- A 30-minute screening appointment with Sarah, which includes time to discuss goals, needs and wants of the member
- Focused research-based content, support, and information from Sarah
- Extensive resource list to support you and your child
- Contact Sarah for package cost and payment options

**If you are the parent or caregiver of a child who is LGBTQIA+ you may be confused, lost, feeling alone and/or unsure of how to support your child. This group is designed to be a safe place to learn, process, explore grief and healing, and be supported by a professional while connecting with other parents.**

Contact Sarah for the next available start date information



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